

**Date**

Immediate release

Your county fundraiser gets baking to beat MS

**Full name, age, from location, is aiming to raise vital ‘dough’ for the MS Society by getting involved in Cake Break this month, a mouth-watering event aiming to raise more than £160,000 to support people living with multiple sclerosis (MS).**

**Information about your Cake Break** (e.g. Barbara will be hosting a Cake Break for the third time this year she’s aiming to raise £1,000 to support people with MS. A large selection of cakes will be on offer and a few lucky guests will be going home with raffle prizes).

**Name** said: **A** **personal quote about your connection to MS and why you’re getting involved in Cake Break** (e.g. ‘I hold a Cake Break every year. My husband David was diagnosed with MS 12 years ago. When we first got the news we didn’t know there was an MS team in Leeds to be there when we were feeling alone. We’ve always been grateful for the support we’ve received from the MS Society. I want to do everything I can to help the MS Society fund research to find new treatments.’)

MS is an unpredictable condition that affects more than 100,000 people in the UK. It’s different for everyone, but is often painful and exhausting and can cause problems with how you walk, move, see, think and feel.

Helen Stevens, Cake Break Officer at the MS Society said: “We’d love for more people to host a Cake Break this year. And it doesn’t matter if you’ve never baked before. Cake Break is for everyone – whether you’re a star baker or expert faker. It’s a great opportunity to get together with friends and family to support more than 100,000 people living with MS in the UK.”

All the money raised will go towards supporting people affected by MS through the highs, lows and everything in between, and driving MS research into more – and better – treatments for everyone. Support **name** at **your JustGiving/fundraising page URL**.

Are you a star baker or expert faker? Sign up for a free Cake Break fundraising pack at [www.cakebreak.org.uk](http://www.cakebreak.org.uk).

**Ends**

For press enquiries, please contact:   
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For out of hours or urgent enquiries: 07909 851401

**Notes to editors:**

**About multiple sclerosis**

* MS affects more than 100,000 of us in the UK
* MS is often painful and exhausting and can cause problems with how we walk, move, see, think and feel
* It’s unpredictable and different for everyone

**About the MS Society**

* The MS Society is here for people with MS, through the highs, lows and everything in between
* We have a free helpline - 0808 800 8000 and information can be found on our website [www.mssociety.org.uk](http://www.mssociety.org.uk)
* We’re driving research into more – and better – treatments for everyone
* Together we’re strong enough to stop MS